



Macquarie Fields Public School Newsletter

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Disco Time!

Students are invited to join us at our after school discos. All money raised will go towards purchasing iPads for students to use in the classroom.

Where: Macquarie Fields Public School Hall

When: Term 2, Week 4 (see dates for your child's disco below)

Kindergarten	Thursday 23 rd May 3:30 – 4:30pm
Stage 1 (Year 1 & 2)	Wednesday 22 nd May 3:30 – 4:30pm
Stage 2 (Year 3 & 4)	Wednesday 22 nd May 5:00 – 6:00pm
Stage 3 (Year 5 & 6)	Thursday 23 rd May 5:00 – 6:30pm

Prices:

- \$2 entry (*at the door*)
- \$1 juice popper
- \$1 glow stick
- \$1.50 small bottles of soft-drink
- \$2 soft-drink can
- \$2 sausage sizzle (halal available)



Organisers: Stage 3 teachers – school mobile: 0423835087

What: Students are encouraged to wear their coolest disco clothes

{Prizes will be given to the best dressed students from each stage!}

K-2 students must be collected from Area E at the end of their discos and all 3-6 students must be collected from the hall by a responsible adult.

Public Speaking Competition

Well done to all of the students who participated in the stage finals of the Public Speaking Competition. The winners for Stage 2 and 3 are:

Stage 2 - **Aleeza Ahmad & Matilda Dunn**. Stage 3 - **Jaslene Obeido**

& Prestige Igbokwe.

They will be representing our school at the local final competition this term.

Photo of Stage 2 finalists.



2019 Term 2 - Week 4

Upcoming Activities

Week 4

Wednesday, 22nd May
Stage 1 Disco 3:30pm - 4:30pm
Stage 2 Disco 5:00pm - 6:00pm

Thursday, 23rd May
Zone Cross Country

Kindergarten Disco 3:30pm - 4:30pm

Stage 3 Disco 5:00pm - 6:30pm

Week 5

Monday, 27th May
Debating Gala Day at Leumeah PS

Wednesday, 29th May
Athletics Carnival - Years 3 to Years 6

Thursday, 30th May
Wollondilly Heritage Excursion
2 Coo-ee and 2/3 Mulluna (Year 2 only)

Friday, 31st May
GALA Day

Every Wednesday
Parent Café 9:15 am in the Staffroom
Playgroup 10am in the Hall

Uniform Shop Opening Times
Every Tuesday morning 8:30am to 9:30am
Every Tuesday afternoon 2:15pm to 3:15pm
Please Note: there is no EFTPOS after 2pm

What's On In Term Two?

Wk	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4	20.05.19	21.05.19 Stage 2 Performing Arts Program in Hall	22.05.19 Parent Cafe 9:15am (Biggest Morning Tea) Playgroup 10am (Hall) Kindergarten Assembly 2pm - Item K Wingaru Fundraising Discos After School	23.05.19 Zone Cross Country Debating Training Fundraising Discos After School	24.05.19
5	27.05.19 Debating Gala Day at Leumeah PS	28.05.19 Stage 3 Performing Arts Program in Hall	29.05.19 Parent Cafe 9:15am (Working Bee) Playgroup 10am (Hall) Athletics Carnival - Years 3 to 6	30.05.19 Debating Training Wollondilly Heritage Excursion 2 Coo-ee and 2/3 Mulluna (Year 2 only) Stage 3 Assembly - 2pm	31.05.19 GALA DAY
6	3.06.19	4.06.19 Stage 2 Performing Arts Program in Hall Stage 2 Assembly - 2pm	5.06.19 Parent Cafe 9:15am (Celebrating Eid) Playgroup 10am (Hall) Kindergarten Assembly 2pm - Item K Wulaba	6.06.19 Debating Training Wollondilly Heritage Excursion 2 Elanora and 2 Serpent	7.06.19
7	10.06.19 Queens Birthday Public Holiday	11.06.19 Stage 3 Performing Arts Program in Hall	12.06.19 Parent Cafe 9:15am (Visiting K-2 Classes) Playgroup 10am (Hall) Stage 1 Assembly - 2pm	13.06.19 Debating Training SSW Cross Country Wollondilly Heritage Excursion 2 Tharawal and 2 Jenolan	14.06.19 GALA DAY
8	17.06.19	18.06.19 Stage 2 Performing Arts Program in Hall	19.06.19 Parent Cafe 9:15am (Visiting 3-6 Classes) Playgroup 10am (Hall) Kindergarten Assembly 2pm - Item K Spirit	20.06.19 Debating Training Wollondilly Heritage Excursion 1 Karrobean and 1 Gynea Stage 3 Assembly - 2pm	21.06.19
9	24.06.19	25.06.19 Movie Fundraiser at Dumeresq Street Stage 3 Performing Arts Program in Hall Stage 2 Assembly - 2pm	26.06.19 Parent Cafe 9:15am (Working Bee) Playgroup 10am (Hall) Stage 1 Assembly - 2pm	27.06.19 Debating Training Wollondilly Heritage Excursion 1 Curlah and K/1 Kuranya (Year 1) Multicultural Public Speaking Area Finals	28.06.19 Back Up GALA Day
10	1.07.19	2.07.19 Parent Information Night Kindergarten 2020 Stage 3 Performing Arts Program in Hall	3.07.19 Parent Cafe 9:15am Playgroup 10am (Hall)	4.07.19 Debating Training Wollondilly Heritage Excursion 1 Coolabah and 1 Dreamtime	5.07.19 Last Day of Term 2

Principal's Report

Mrs Meredith and I would like to thank our students, staff and community for your support whilst we have relieved as Principal. We are happy to welcome Mrs Vicki Craze, Principal of Minto PS, as Relieving Principal of Macquarie Fields Public School, commencing Week 5.

Next week we have our Future Teachers from Macquarie Fields High School coming to visit in preparation for them teaching a mini-lesson in Week 9.

Save the date for our movie fundraiser at Dumaresq Street Cinema on Tuesday, 25th June, when we will be watching Toy Story 4. We will be selling tickets soon.

Last year, we raised funds to support the building of the first in school Parent Child Intervention Therapy (PCIT) Clinic. The official launch of the clinic at Ingleburn PS is on Wednesday 5th June. If you have a child in Kindergarten, or Year 1 and you are interested in attending the launch or finding out more information about PCIT, please see Mrs Macpherson or Mrs Sellick.

We wish our students the best of luck as they compete at the Zone Cross Country this week. We also wish our debating team the best of luck as they have their first debate with Leumeah next Monday.

We are looking forward to a great day of sport at the 3-6 Athletics Carnival on Wednesday 29th May. Please ensure that you have returned your note and money for your child/ren to participate. Parents are welcome to attend and support. If you are willing to be a helper on the day, please see Mr Bennie.

Hope to see you at our Biggest Morning Tea at Parent Café this week, where we will be enjoying treats for morning tea and raising money for Cancer research.

Karen Sellick
Relieving Principal

Mother's Day Stall

The Mother's Day Stall held on Wednesday, 8th of May was a great success. Thank you to all the parents who volunteered to make the Mother's Day Stall a wonderful event for the students.



Persuasive Writing by 2 Coo-ee for Mother's Day

'My Mum' by Lizzie.

My Mum makes the most scrumptious, delicious pasta in the world.

My mum is kind and awesome. She is the best singer.

She takes me to the gallery to see my sister's art work.

My wonderful mum is so loving. She gives me hugs and kisses all of the time. She calls me by my nickname – wizard. This makes me feel special and puts a smile on my face.

Every morning mum combs my hair, so that it looks even prettier.

She just loves me too much, just like I love her.

She helps me with my homework.

For all of these reasons, my mum should win 'Mother of the Year'.



'Mother of the Year' by Kimaya

My mum should definitely be 'Mother of the Year' because she makes me feel very special. She calls me Kim or Kimu, my nicknames, and smoothers me with lots of hugs and kisses. My mum is obviously the best mum ever!

My mum helps me clean my bedroom and when I struggle with my homework, she helps me. She also listens to me read my reader. When I am sick, she always helps me. She is the best mum ever, so she deserves to be on a magazine.

My mum is very good at singing, cleaning and cooking. My mum always does all of the cleaning. My mum can almost cook EVERY Indian dish. She can sing nearly every Indian song, in tune.

For these reasons, I definitely hope you agree that my mum should be 'Mother of the Year'!

Parent Café

Great attendance at Parent Cafe talk on OC classes and catering for gifted and talented students. Thank you to Mrs Oram. Thank you to Mrs Jarman for presenting to Parent Cafe about NAPLAN in Week 2. This week bring a gold coin and join us in Australia's Biggest Morning tea and raising money for Cancer research.



Fields Zone Rugby League

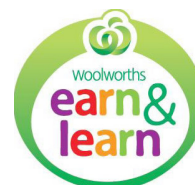
Macquarie Fields PS is proud to have two of our students selected for the **2019 Opens Fields Rugby League Team**.

Many students from schools in the Zone tried out for this representative team and it is a great achievement to be chosen.

The Fields team competes against other teams in the zone and it takes continued commitment from the players to attend training sessions outside of school hours.

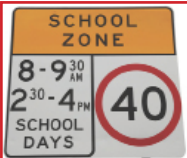
Well done to **Malcolm Mailo** and **Lucas Muir**, both from Year 6, on your selection for the team. We look forward to hearing how the Fields team goes in the competition!

Fabulous Writing from K Myndie



Important Road Safety Reminder

This is another reminder to always follow both the road rules and parking rules when dropping off and picking up your child/children from school. We have asked the Rangers to increase their visits to our school as we are very concerned for the safety and welfare of our students as some parents are not following the road rules and are double parking or parking illegally.



School Zone Parking Offences

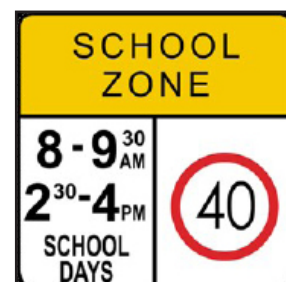
Current as at 1 July 2017

	Speeding Offences School Zone speeding offences attract higher fine and demerit points than other speeding offences.	Up to \$3,740 + 7 Demerit Points
	Mobile Phone Use Drive using a hand-held mobile phone in a School Zone.	\$439 + 4 Demerit Points
	Children's Crossing Disobey hand-held stop sign at Children's Crossing or approach Children's Crossing too quickly to stop safely.	\$549 + 4 Demerit Points
	U-turns Make a U-Turn without giving way to pedestrian or vehicle in a School Zone	\$439 + 4 Demerit Points

	No Stopping In the area in the direction of the arrow, you must not stop your vehicle at any point on the road or kerb, unless there is a medical or other emergency.	Up to \$439 + 2 Demerit Points
	No Parking You have no more than 2 minutes for drop-offs or pick-ups of passengers or goods and the driver must stay within 3 metres of your vehicle	\$183 + 2 Demerit Points
	Bus Zone In the direction of the arrow or arrows you are not allowed to stop your vehicle unless you are driving a bus.	\$330 + 2 Demerit Points
	Double Parking You are not permitted to stop or park your vehicle alongside another vehicle that is already parked parallel to the kerb.	\$330 + 2 Demerit Points

- STOP in a NO STOPPING zone: **\$330 + 2 Demerit Points**
- STOP on or near a Children's or Pedestrian Crossing (within 20m on approach & 10m on departure side of crossing): **\$439 + 2 Demerit Points**
- STOP on path/strip in built up area: **\$183 + 2 Demerit Points**

Please Note: fines subject to change without notice.



Years 3 to 6 Cross Country Carnival 2019

The MFPS annual 3 to 6 cross country carnival was held on Thursday, 9th of May at Monarch Oval. It was great weather for running and all the students tried hard on a long run! Congratulations to all of the student who made it through to Zone Cross Country in each age group. Zone Cross Country will be on this Thursday, 23rd of May.



Brooke's
CANTEEN



Hi Everyone!

I hope you all had a wonderful break. I'm super excited to be back in the canteen doing what I do best and that's providing your beautiful children with yummy healthy food that's made with lots of love. My staff and I create eye catching nutritional food that the students thoroughly enjoy! Everyday there is new, fun and nutritional counter items that range from 50c to \$2.50. We also have weekly specials that change each week just to keep it interesting for our students so keep an eye on the blackboard above the canteen!



I provide EFTPOS facilities, cash payments and online ordering through My School Connect. Online ordering is a wonderful service to use if you want to avoid lining up during busy rush periods. My School Connect is a reliable online ordering service that has a service fee of 33c per order. Brooke's Canteen does not receive this servicing fee, this goes to My School Connect. If parents do not wish to pay the 33c fee they are more than welcome to use my EFTPOS machine that has no fee and no minimum spending amount or you can pay with cash.



If you have any requests or any dishes you would like added to the menu feel free to pop by the canteen and let us know! In the mean time you can follow our Facebook page called Brooke's Canteen to see what food has been on offer each week.

Lots of love Brooke xxx



Brooke's
CANTEEN



Term 2 Weekly Specials

Week 2: Rice Noodle Chicken Salad \$5.50

Week 3: Hawaiian Pizza Pocket \$4.00

Week 4: Minced Beef & Veggie Curry Bowl \$5.00

Week 5: Honey Mustard Chicken & Rice \$5.00

Week 6: Sweet Potato & Veg Quesadilla \$5.00

Week 7: Pumpkin Soup with a Buttered Roll \$6.00

Week 8: Chicken Gravy Roll \$4.50

Week 9: Beef Goulash Macaroni \$4.50

Brooke's CANTEEN



Keep an eye out on the Brooke's Canteen Facebook page for photographs of just some of the healthy counter items that are made daily!



Tummy Warmers

3 Chicken Nuggets H	\$2.00	Lasagne H	\$4.00
6 Chicken Nuggets H	\$4.00	Chicken Penne Napolitana H HM	\$4.00
Spaghetti Bolognese HM	\$4.00	Butter Chicken & Rice H HM	\$5.00
Penne Napolitana H V HM	\$4.00	Hash Brown V	\$1.00
Beef Burrito HM	\$5.00	Sausage Roll H	\$3.50
Beef Pie H	\$4.00	Macaroni & Cheese H V	\$4.00
Beef Burger HM	\$4.00	Beef or Chicken Noodles H	\$3.50
Crumbed Chicken Burger H HM	\$4.00	Bruschetta Roll V HM	\$4.50
Crumbed Fish Burger HM	\$4.00	Vegetarian Curry Rice V HM	\$4.00
Beef Cheeseburger HM	\$4.00	Curried Sausages & Rice GF HM	\$4.00
Beef Nachos HM	\$5.00		

Sandwiches And Wraps

Vegemite, Jam or Honey HM	\$1.50
Cheese Sandwich V HM	\$2.00
Cheese & Tomato Sandwich V HM	\$2.50
Ham & Cheese Sandwich HM	\$3.50
Tuna Sandwich HM	\$3.50
Salad Sandwich V HM	\$3.50
Ham & Salad Roll HM	\$4.00
Chicken Caesar Salad Wrap HM	\$5.00
Chicken & Salad Wrap HM	\$5.00
Sweet Chilli Chicken Wrap HM	\$5.00
Salad Wrap V HM	\$5.00

Salad Boxes & Cold Food

Garden Salad Box GF V H HM	\$3.50
Fruit Salad Box GF V H HM	\$4.00
Greek Salad V HM	\$4.50
Teriyaki Chicken Rice Paper Rolls HM	\$5.00
Vegetarian Noodle Rice Paper Rolls HM	\$5.00
Teriyaki Chicken Salad HM	\$5.00
Ham or Tuna Salad Box HM	\$5.00
Moroccan Chicken Salad Box HM	\$5.00
Chicken Caesar Salad Bowl HM	\$5.00
Yoghurt Fruit & Muesli Bowl V HM	\$5.00

Pizzas & Quesadillas

Garlic Bread H V HM	\$2.00
Cheese Pizza H V HM	\$2.50
Cheese & Bacon Roll HM	\$2.50
Vegetarian Pizza H V HM	\$3.50
Hawaiian or BBQ Chicken Pizza HM	\$3.50
Cheese & Tomato Quesadilla V HM	\$4.00
Spinach & Feta Quesadilla H V HM	\$4.00
Ham & Cheese Quesadilla HM	\$4.50
BBQ Chicken Quesadilla H HM	\$4.50
Vegetarian Quesadilla H V HM	\$4.50

Snack Food



Frozen Pineapple Ring GF V H HM	50c	Milo Cereal Cup V	\$1.00
Piece of Fruit GF V	\$1.00	Nutrigrain Cereal Cup V	\$1.00
Carrot Sticks GF V HM	\$1.00	2 x Vegemite Saos V HM	\$1.00
Yoghurt Tub V	\$2.00	2 x Cheese & Tomato Saos V HM	\$2.50
Frozen Grapes GF V H	\$2.00	Popcorn GF V H HM	\$1.00
Corn Cobette GF V H HM	\$1.50	Koala Popcorn – BBQ, Chicken + Sweet Chilli	\$2.00
Custard Cup V	\$2.00	Grain Waves Sour Cream & Chives 28g	\$2.00
Watermelon Cup GF V HM	\$2.00	Red Rock Deli Crisps Sea Salt 28g	\$2.00
Honey & Yoghurt Cup V	\$2.50	Mamee Noodle Snacks	\$2.00
Orange Wedges GF V H	\$2.00	Mamee Rice Sticks GF	\$2.00



Thirst Quenchers

Water 600ml	\$2.00
Fruit Infused Water	\$2.50
Oak Milk Lite	\$2.50
Juice Bomb Cans	\$2.50
Juice Poppers	\$1.50

Frozen Treats

Ice Mony Triangle	\$1.00
Juicies Ice Treat	\$1.00
Quelch Stick	\$1.00
Frozen Juice Cup	\$1.00
Moosies	\$2.00
Frozen Yoghurt	\$2.50



To order online please go to www.myschoolconnect.com.au. All online orders must be placed by 8am. If you miss this cut off time orders can be placed at the canteen by 9:00am. We accept cash & EFTPOS payments also. Sauces + Salad dressings are available for 50c each. Sandwiches can be toasted for an extra 50c and can also be changed to a wrap or bread roll for \$1. You can add cheese and other extras for 50c each. Extra spoons and forks are 10c each. All ice blocks, watermelon cups, yoghurt cups, noodle cups and custard cups need to be collected from the canteen by the student as these will not be sent to their classroom to avoid any spillage. Healthy over the counter items are available daily and range from 50c to \$2.50, these will be displayed on the counter at lunch and recess.

If making a halal or gluten free order or if student has any allergies please write dietary requirements clearly on the lunch bag.

H = Halal, **GF** = Gluten Free, **V** = Vegetarian, **HM** = Homemade



TRANSITION TO SCHOOL FOR CHILDREN WITH ADDITIONAL NEEDS

(DEVELOPMENTAL DELAY, DIAGNOSED DISABILITY, BEHAVIOURAL NEEDS)

A FREE INFORMATION EVENING

TUESDAY 4th June 2019

West's Leagues Club (Campbelltown)

10 Old Leumeah Road, Leumeah

6.30pm – 8.15pm

South West Sydney Early Childhood Intervention Coordination Program in partnership with West's Leagues Club invites parents, carers, grandparents, early childhood educators, teachers and services supporting families to attend this information session presented by EACH and NSW Department of Education.

Karen Barnes – EACH Community Engagement & Capacity Building Lead SWS

Kym Booth – NDIS ECEI - EACH Regional Manager (Macarthur)

Lyn Hickman & Robyn Sheen – Itinerant Support Teachers (Early Intervention)

Kay Green – Learning and Well-being Officer

Linda Cormack – NDIS Transition Coordinator

- EACH – NDIS ECEI Pathways for children 0 – 6 years
- The Transition to school process for children with additional needs - Early Intervention with the Department of Education, when should I enrol my child, age of a child coming into school/which school can I attend/what do I do for my child with additional needs/ how do I go about getting support/ Access Request
- The role of the Learning and Well-being Officer in schools
- The role of NDIS in schools - how therapists can work with schools around support for students funded through the NDIS.
- Question Time

PLEASE NOTE THERE WILL BE NO CHILD MINDING AVAILABLE AT THIS EVENT.

BOOKINGS ARE ESSENTIAL: Karen.Barnes@each.com.au or Karen Barnes 0417 236 509

Farewell from Lyn the Crossing Lady

The MFPS community were so lucky to have Miss Lyn making sure our children crossed the road safely. Lyn went to be the crossing lady at another school but she sent us an email to say goodbye.

Hi everyone,

Today (Friday 3rd of May) was my last day and I just wanted to say thank you to the staff, parents and most importantly the students for being part of my life, and allowing me to be part of yours. I will forever think fondly of my time with you all. I will certainly miss each and everyone of you.

I will look forward to attending the Fete and having a fun day with all. I promise I will be there.

Thank you for all of my beautiful presents and cards. I feel very honoured and humbled.

To the students..... walk - don't run, study hard, do well, behave, most of all have fun, laugh and smile..... when you smile, everyone smiles with you.

See you soon.

Miss Lyn

Miss Lyn, we will miss you helping our children and their families.



SunSmart Snippet

The simplest way ... to role-model SunSmart behaviours

Children imitate adult behaviours - both good and bad.



ROLE-MODEL SunSmart behaviours by:

- Wearing a SunSmart hat
- Wearing a shirt with a collar and sleeves
- Be seen applying sunscreen before going outside
- Slide on a pair of sunglasses
- Choose shaded areas whenever you're outside.

By role modelling these behaviours you will reduce your own risk of skin cancer at the same time!

To help keep your kids safe in the sun, check your schools SunSmart status by heading to www.sunsmartnsw.com.au

Are You A Parent of a Child Aged 2 to 12?

The Parenting and Family Support Centre at the University of Queensland is conducting research into parents' opinions about parenting and parenting programs. If you have a child between 2 and 12 years, we would love to hear your views on parenting and the services that are available to you as a parent. You will need to complete a short survey. To find out more or to participate please visit:

<https://exp.psy.uq.edu.au/parenting>

